



**MALTA AMATEUR ATHLETIC ASSOCIATION**  
Founded 1928

Affiliated to the:  
Malta Sports Council  
Malta Olympic Committee  
European Athletic Association  
International Association of  
Athletics Federations

7, Racecourse Street, Marsa, Malta

**Malta International Saturday 26<sup>th</sup> April 2014**

**Date:** 26 April 2014

**Venue:** Marsa Athletic Track

**Start of Event:** 13:30

**Events**

**(Senior and Junior)**

**Events Men and Women (born 1998 or before):**

Track: 100m, 200m, 400m, 800m, 3000m,  
4 x 100m Relay

Jumps: Long Jump, Triple Jump.

Throws: Shot, Javelin, Discus.

- Athletes who apply to take part are expected to have reached a certain level of performance deemed appropriate for this competition.
- In exceptional cases only, the MAAA may accept athletes born in 1999, 2000.

**Entries**

Entries are to be submitted by not later than 23 April 2014 to Mr Anthony Fava at the following email address:

[ant.fava47@gmail.com](mailto:ant.fava47@gmail.com)



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**MALTA AMATEUR ATHLETIC ASSOCIATION**  
**Malta International - 26 April 2014**  
**Marsa Stadium**  
**Programme of Events (issued 17 April 2014)**

	TRACK		JUMPS		THROWS	
13:30					Discus	Men
13:45			Triple Jump	Men		
14:00	100m	Men				
14:15	100m	Women			Discus	Women
14:30	800m	Men	Triple Jump	Women		
14:40	800m	Women				
14:45	Presentation of Awards					
15:00	200m	men	Long Jump	Men	Javelin	Men
15:15	200m	women				
15:30	400m	men			Javelin	Women
15:40	400m	women				
15:45			Long Jump	Women		
15:55	3000m	men				
16:00					Shot	Men
16:05	3000m	women				
16:15	Presentation of Awards					
16:30	4x100m	men			Shot	Women
16:40	4x100m	women				
17:00	Presentation of Awards					



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### **Competition Regulations**

The athletics events will be held in accordance with the rules of the International Association of Athletics Federations (IAAF), unless specific exceptions are made by the Organising Committee.

#### **Track Events**

##### **Races Run in Lanes:**

- In case there are over 8 athletes registered in the 100m, 200m, 400m, athletes will be assigned to different series according to their best performance since April 2013.
- Where possible and when practicable, representatives of different nations shall be placed in different series.
- In case there are over 8 athletes registered in the 800m, the Organising Committee may allocate 2 athletes per lane.

#### **Field Events**

##### **Number of Trials in Throws and Horizontal Jumps**

- (i) If the combined entry of Junior and Senior athletes is 8 or less, each athlete will have six trials.
- (ii) If the combined entry of Junior and Senior athletes is more than 8, each athlete shall be allowed three trials and the eight athletes with the best valid performances shall be allowed three additional trials.

##### **Triple Jump**

The take-off line shall be 11m for Men and 9m for Women.

##### **Throwing Implements**

	Men	Junior Men	Women	Junior Women
Shot	7.260kg	6.000kg	4.000kg	4.000kg
Javelin	800g	800g	600g	600g
Discus	2.000kg	1.750kg	1.000kg	1.000kg

##### **Personal equipment**

The use of personal equipment will be permitted during the competition. **Weighing in will take place at the Marsa Stadium on Saturday 26 April between 12:00 p.m. and 12:30 p.m. at Call Room.**



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**Further Notes**

**A. Call Room**

All athletes will enter the competition area through the call room which will be sited at the far end of the warm-up track. All athletes are to report at the call room:

- 10 minutes ahead of the starting time for track events.
- 20 minutes ahead of the starting time for the jumping and throwing events.

**B. Numbers**

Numbers provided by the organiser must be worn in full. **The full set of numbers for each team will be made available to team leaders at the Stadium on Saturday 26 April at the photo finish room.**

**C. Warming up**

Warming up will take place in the warm-up straight adjacent to the track. In the field events before the beginning of the event, each athlete may have practice trials.

**D. Protests**

Any protest shall, in the first instance, be made orally to the Referee by the athlete or by someone acting on the athlete's behalf. The referee may decide on the protest or may refer the matter to the Jury. If the referee makes a decision, there shall be a right of appeal to the Jury. The Jury will be composed as follows: one MAAA Council member, one delegate from a foreign team, one delegate from a Maltese team.

An appeal to the Jury of Appeal must be made within 30 minutes of the official announcement of the decision made by the Referee. The appeal must be made in writing, must be signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of 75 Euros, which will be forfeited if the protest is not upheld.

**E. Prizes**

Prizes will be awarded to

- the first placed athletes if there are at least 2 athletes.
- the first two placed athletes if there are at least 3 athletes.
- the first three placed athletes if there are at least 4 athletes or more.

**F. Water**

Each athlete listed on the entry form will be provided with 2 bottles of water. These are to be collected by the Team Leader before the start of the Meeting.

